

## "ECT in Late Life Depression" (A111)

Videoconference Webcast Original Broadcast Date: October 14, 2015

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

**DIRECTIONS:** Complete this test after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. <u>Please note</u>: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

Nancy Mundy
OERP/WPH
3811 O'Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213

TRUE/FALSE – Please indicate whether the statement below is true or false.

1.	40 – 50% of ECT treatments in the US are administered for the treatment of Major Depression
	in the Elderly.

- A. True
- B. False
- 2. Patients with Major Depression and delusions or catatonia usually respond well to ECT.
  - A. True
  - B. False
- 3. ECT is most effective for the treatment of Chronic Depression.
  - A. True
  - B. False
- 4. Patients who have failed to respond to antidepressant medication are more likely to respond to ECT than patients who have not received antidepressants.
  - A. True
  - B. False
- 5. All patients must have brain imaging prior to ECT.
  - A. True
  - B. False
- 6. Anterograde amnesia is associated with difficulty in retaining newly learned information.
  - A. True
  - B. False
- 7. Amnesia begins to improve following completion of the ECT course.
  - A. True
  - B. False
- 8. There are no absolute contraindications to ECT.
  - A. True
  - B. False



9.	Patients may withdraw their consent for ECT during a course of ECT despite having signed a
	consent form prior to treatment.

- A. True
- B. False
- 10. Muscle paralysis during ECT decreases the possibility of fractures or dislocations.
  - A. True
  - B. False
- 11. ECT machines that administer a sine wave stimulus produce less confusion and memory impairment than machines that administer a brief pulse stimulus.
  - A. True
  - B. False
- 12. The usual minimum recommended seizure duration is 2 minutes.
  - A. True
  - B. False

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <a href="https://www.surveymonkey.com/r/t301">https://www.surveymonkey.com/r/t301</a>



## "ECT IN LATE LIFE DEPRESSION" (A111) VIDEOCONFERENCE WEBCAST ORIGINAL BROADCAST DATE: OCTOBER 14, 2015

## APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, CADC, NBCC, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)

**INSTRUCTIONS:** In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

- 1. Print your name, address, and social security number clearly below.
- 2. Sign the statement affirming your attendance at the session.
- **3.** Return with payment to:

Nancy Mundy OERP/WPH

3811 O'Hara Street

**Champion Commons Building, Third Floor** 

**Date Completed** 

Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature

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PLEASE PRINT CLEARLY:				
Social Security Number (last five digits only)	Mailing Address			
Name	City	State	Zip Code	
Phone #	Email address			
TYPE OF CREDIT: Please Indicate Your Certification	tion Needs			
☐ CADC: Certified Alcohol and Drug Counselor				
☐ CEU: General Continuing Education Credit				
□ NCC: National Certified Counselors				
☐ Psychologist	□ SW/LPC	☐ SW/LPC/LMFT: Social Work (LCSW, MSW)		

## **PAYMENT ENCLOSED:**

□ \$30.	
Check #	(Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu.