

"TREATMENT FOR AUTISM SPECTRUM DISORDERS" (A134)

Videoconference Webcast Original Broadcast Date: March 29, 2017

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LSW/LCSW/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this quiz after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this quiz, the online evaluation, and the Application/Validation for Continuing Education Credit. <u>Please note</u>: A passing score of 80% or above is required to receive continuing education credit.

Please answer the correct TRUE/FALSE questions below:

- 1. Emotion regulation in impaired in ASD. T/F
- 2. The majority of individuals with ASD meet criteria for a comorbid psychiatric disorder. T/F
- 3. Emotion regulation may play a role in the high rates of anxiety and depression in autism. T/F
- 4. It is not possible to apply psychotherapeutic techniques used in the general population to those with ASD. T/F
- 5. There is no evidence that cognitive-behavioral therapy can be effective for individuals with ASD. T/F
- 6. Blending cognitive-behavioral and mindfulness approaches may be valuable for treating adolescents with ASD and emotion regulation problems. T/F

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: https://www.surveymonkey.com/r/T323a



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APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, CADC, NBCC, Psychologists, and Social Work/LSW/LCSW/LPC/LMFT (2.0 CREDIT HOURS)

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

- 1. Print your name, address, and social security number clearly below.
- 2. Sign the statement affirming your attendance at the session.
- 3. Return with payment to: Nancy Mundy

I hereby affirm that I viewed the videoconference webcast indicated above:

OERP/WPH

3811 O'Hara Street

Champion Commons Building, Third Floor

☐ CADC: Certified Alcohol and Drug Counselor

Pittsburgh, PA 15213

Signature Date Completed

PLEASE PRINT CLEARLY:

Social Security Number (last five digits only)

Mailing Address

City State Zip Code

Phone # Email address

☐ SW/LPC/LMFT: Social Work (LCSW, LSW)

□ NCC: National Certified Counselors

☐ CEU: General Continuing Education Credit

PAYMENT ENCLOSED:	
\$30	
☐ Check #	(Check payable to OERP/WPIC)

TYPE OF CREDIT: Please Indicate Your Certification Needs

Send these forms and check to the above address. If your score is 80% or above, you will receive a certificate via email. You will be contacted if you did not pass to retake the test. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.

☐ Psychologist