

## "EATING DISORDERS...AN OVERVIEW OF DIAGNOSIS AND MANAGEMENT" (A327)

Videoconference Webcast Original Broadcast Date: June 7, 2017

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

**DIRECTIONS: Complete this test after viewing the videoconference webcast listed above.** In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. <u>Please note</u>: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

Nancy Mundy OERP/WPH 3811 O'Hara Street Champion Commons Building, Third Floor Pittsburgh, PA 15213

## TRUE/FALSE – Please indicate whether the statement below is true or false.

- 1. In order to meet criteria for the diagnosis of Anorexia Nervosa a patient must be underweight. TRUE/FALSE
- In order to meet criteria for Bulimia Nervosa a patient must binge and purge at least twice a week for the past 6 months. TRUE/FALSE
- One difference between AN and BN is that patients with AN do not binge or purge. TRUE/FALSE
- 4. A key feature of re-feeding syndrome is hypophosphatemia. TRUE/FASE
- 5. Hypokalemia is a serious concern with Bulimia Nervosa. TRUE/FALSE
- 6. Psychotropic medication is the treatment of choice for all eating disorders TRUE/FALSE
- 7. All patients with eating disorders should begin treatment in the inpatient setting. TRUE/FALSE
- 8. There is no role for psychotropic medication in the treatment of eating disorders TRUE/FASE
- **9.** Self-monitoring is an important part of treatment for adults with eating disorders. TRUE/FALSE
- **10.** Once a patient with AN reaches their target weight, they no longer have concerns about their body image. TRUE/FALSE
- 11. Family-based therapy for eating disorders assumes that family had a causative role in the development of the patient's ED. TRUE/FALSE
- 12. 1Bulimia nervosa has the highest mortality of any psychiatric disorder TRUE/FALSE



After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <u>https://www.surveymonkey.com/r/T327a</u>



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## APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, CADC, NBCC, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)

**INSTRUCTIONS:** In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

- 1. Print your name, address, and social security number clearly below.
- 2. Sign the statement affirming your attendance at the session.
- 3. Return with payment to:

Nancy Mundy OERP/WPH 3811 O'Hara Street Champion Commons Building, Third Floor Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature	Date Completed		
PLEASE PRINT CLEARLY:			
Social Security Number (last five digits only)	Mailing Addre	SS	
Name	City	State	Zip Code
Phone #	Email address	5	
TYPE OF CREDIT: Please Indicate Your Certifica	tion Needs		
CADC: Certified Alcohol and Drug Counselor			
CEU: General Continuing Education Credit			
NCC: National Certified Counselors			
Psychologist			
SW/LPC/LMFT: Social Work (LCSW, LSW)			
PAYMENT ENCLOSED:			

□ \$30

□ Check #\_\_\_\_\_ (Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at <u>mundynl@upmc.edu</u> or 412-204-9090.