

"ADDRESSING SUBSTANCE USE IN MH TREATMENT" (A334)

Videoconference Webcast
Original Broadcast Date: April 4, 2018

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. <u>Please note</u>: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

Nancy Mundy OERP/WPH 3811 O'Hara Street Champion Commons Building, Third Floor Pittsburgh, PA 15213

Please answer the TRUE/FALSE or multiple choice questions

- 1. Addiction is a primary, chronic disease of:
 - a. Brain reward b. Motivation c. Memory d. related circuitry e. All the above
- 2. Tolerance and dependence can be used alone to identify the presence of an addiction? TRUE/FALSE
- 3. Addiction is caused by an individual's moral failing? TRUE/FALSE
- 4. Research shows that most people in recovery are not:
 - a. Successful on their first try
 - b. Successful after several attempts
 - c. Trying hard enough
- 5. ASSIST and DAST can only be used with adults? TRUE/FALSE
- 6. Addiction has the highest relapse rate of any chronic disease? TRUE/FALSE
- 7. Substance Use Disorder, Moderate is categorized by _____ DSM 5 criteria.
 - a. 0-1 b. 2-3 c. 4-5 d. 6 or more
- **8.** In Motivational Interviewing OARS, the A stands for:
 - a. Acceptance b. Affirmations c. Autonomy d. Ability
- 9. When using FLO, who develops the "Options?"
 - a. Therapist
 - b. Client
 - c. Both the therapist and the client
 - d. PA Department of Drug and Alcohol Programs



- 10. What are the three steps for FLO?
 - a. Facilitate, Listen, Options
 - b. Feedback, Learn, Options
 - c. Feedback, Listen, Opinion
 - d. Feedback, Listen, Options
- 11. The three components of a Substance Use Disorder are Physical, Behavioral, and:
 - a. Relationships
 - b. Physical
 - c. Legal
 - d. Genetic
- 12. Which of these is a risk factor for developing a Substance Use Disorder?
 - a. Personal history of abuse
 - b. Family history of substance use disorder
 - c. Parental incarceration
 - d. All of the above.

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: https://www.surveymonkey.com/r/T334-VC



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APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, CADC, NBCC, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

- 1. Print your name, address, and social security number clearly below.
- 2. Sign the statement affirming your attendance at the session.
- 3. Return with payment to: Nancy Mundy

OERP/WPH

3811 O'Hara Street

Champion Commons Building, Third Floor

Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above: **Signature Date Completed** PLEASE PRINT CLEARLY: Social Security Number (last five digits only) **Mailing Address** Name City State Zip Code Phone # **Email address** TYPE OF CREDIT: Please Indicate Your Certification Needs ☐ CADC: Certified Alcohol and Drug Counselor ☐ CEU: General Continuing Education Credit □ NCC: National Certified Counselors ☐ Psychologist ☐ SW/LPC/LMFT: Social Work (LCSW, LSW)

PAYMENT ENCLOSED:

\$30	
Check #	(Check payable to OERP/WPIC

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.