

**Presentation Form
Ethics for Clinicians
January 26, 2021**

Presenter Bio

Jessica Gahr, MA
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Pittsburgh, PA

Jessica Gahr is the senior treatment clinician at the Services for Adolescent and Family Enrichment (SAFE) program. She has worked with the SAFE Program since 2014, providing individual and group treatment to children and adolescents adjudicated of a sexual offense by the Allegheny County Juvenile Court. As a part of her work with the SAFE Program, she regularly collaborates with juvenile justice and child welfare system employees. In addition, Jessica has experience coordinating large, multi-disciplinary teams and testifying in court. Jessica received her undergraduate degree in psychology from the University of Arkansas and attained her Master of Arts degree in clinical psychology from the University of Toledo. Prior to working with court involved youth, she completed an internship at the University of Toledo Children's Hospital, The Cullen Center, where she provided treatment to children who had experienced trauma. Jessica has experience using evidence-based treatments for a variety of clinical issues including post-traumatic stress, anxiety, and disruptive behavior disorders. Jessica strives to understand a client's needs holistically with particular emphasis on understanding behavior through a trauma-informed and developmental lens.

Name and Narrative Description of your Presentation - Introductory

Ethical Issues and Practical Considerations when Working with Justice-Involved Youth

The Services for Adolescent and Family Enrichment (SAFE) and Services Aimed at Fire Education and Treatment for Youth (SAFETY) Programs strive to provide evidence-based treatment to juvenile justice-involved youth in an outpatient, community setting through intensive collaboration between mental health and juvenile justice professionals. The current presentation will include an overview of the collaboration between the Allegheny County Juvenile Court and SAFE and SAFETY treatment providers. SAFE clinician Jessica Gahr will (1) present current organizational practices to ensure collaborative services, (2) discuss practical techniques to balance maintaining therapeutic rapport with limits to confidentiality, including what must be reported to the juvenile court and probation, and (3) review the advantages and disadvantages to clinicians' active participation in multi-disciplinary teams. Participants will understand how they can better serve their clients through the collaborative efforts of mental health providers and the juvenile justice system.

Target Audience:

All medical professionals, behavioral health professionals

Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Discuss special considerations to limits to confidentiality when working with juvenile justice-involved youth.
2. Discuss practical techniques to discuss limits to confidentiality with juvenile justice-involved youth while maintaining therapeutic rapport.
3. Identify the potential advantages and disadvantages of being an active participant on a multi-disciplinary team.

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation

1. Perks, D.L.C., Watt, B.D., Fritzon, K., & Doley, R.M. (2019). Juvenile Firesetters as multiple problem youth with particular interests in fire: A meta-analysis. *Aggression and Violent Behavior, 47*, 189-203. <https://doi.org/10.1016/j.avb.2019.04.003>
2. Rasmussen. L.A. (2013) Young people who sexually abuse: A historical perspective and future directions. *Journal of Child Sexual Abuse, 22*(1), 119-141. <http://doi.org/10.1080/10538712.2013.744646>

3. Ryan, E. (2016). Juvenile sex offenders. *Child and Adolescent Psychiatric Clinics of North America*, 25(1), 81–97.
<https://doi.org/10.1016/j.chc.2015.08.010>

For additional information regarding the presenters or the presentation, please contact Doreen Barkowitz at barkowitzdh@upmc.edu.

Fee for program: There is no fee for viewing the videos. There is a charge of \$30 if applying for a continuing education certificate.



COUNSELORS

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 1.0 continuing education hours.

MENTAL HEALTH PROFESSIONALS/PEER SPECIALISTS/NURSES: GENERAL CEU

Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours.



PSYCHOLOGISTS:

Education and Consultative Services of UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Education and Consultative Services of UPMC Western Psychiatric Hospital maintains responsibility for these programs and their content. This program is being offered for 1.0 continuing education hours.

LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT

The indicated number of clock hours of continuing education is provided through Education and Consultative Services of UPMC Western Psychiatric Hospital of UPMC's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. This program is being offered for 1.0 continuing education hours. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal.

