

“Child Bipolar Disorder and Other Difficult to Treat Disorders” (A108)

Videoconference Webcast

Original Broadcast Date: June 10, 2015

Quiz for General CEUs, NBCC, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213

1. **About 70% of people with bipolar started their illness before age 21.**
 - A. True
 - B. False

2. **The prevalence of bipolar disorder in youth is between 1-3%.**
 - A. True
 - B. False

3. **There are _____ in the manifestation of mood symptoms between children and adolescents.**
 - A. Developmental Differences
 - B. Behavioral Differences
 - C. Both A and B

4. **Due to children’s cognitive and emotional immaturity, and the presence of _____, it is not easy to diagnose bipolar disorder in youth.**
 - A. Allergies
 - B. Comorbid Disorders
 - C. Learned Behaviors

5. **Youth tend to have more mixed episodes and rapid changes in mood than adults with bipolar disorder.**
 - A. True
 - B. False

6. **Bipolar disorder increases the risk for:**
 - A. Suicide
 - B. Legal Problems
 - C. Substance Abuse.
 - D. All the above

7. **About 80% of youth with bipolar disorder remits from their index episode, but about 60% have recurrences.**
- A. True
 - B. False
8. **Subsyndromal episodes during the course of bipolar disorder indicate that**
- A. The symptoms don't quite meet the criteria for a diagnosis of bipolar disorder.
 - B. The symptoms are internal, rather than external.
 - C. There is a relationship to age of onset.
9. **Presence of subsyndromal symptoms of mania**
- A. Increases the risk to develop bipolar disorder in the offspring of bipolar parents
 - B. Are prevalent
 - C. Have no relationship with current age and age of onset.
 - D. All the above
10. **About _____ of the offspring of parents with bipolar develop bipolar disorder.**
- A. 20%
 - B. 40%
 - C. 60%
11. **The risk to develop bipolar in offspring of parents with bipolar increases if**
- A. The parent's bipolar illness started before age 21
 - B. If both parents have bipolar disorder
 - C. If the offspring are homeless
 - D. All the above
 - E. A and B only
12. **The treatment of bipolar disorder is difficult because, hypomania, depression or psychotic symptoms as well as maintenance treatment to prevent new episodes.**
- A. It needs to target the acute treatment of mania and hypomania
 - B. It needs to target depression
 - C. It needs to target psychotic symptoms
 - D. It needs to maintain treatment to prevent new episodes
 - E. All the above
 - F. A and B only

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/T300>

“CHILD BIPOLAR DISORDER AND OTHER DIFFICULT TO TREAT DISORDERS” (A108)

Videoconference Webcast

Original Broadcast Date: June 10, 2015

**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
General CEUs, NBCC, Psychologists, and Social Work/LPC/LMFT
(2.0 CREDIT HOURS)**

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

**Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213**

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature

Date Completed

PLEASE PRINT CLEARLY:

Social Security Number (last five digits only)

Mailing Address

Name

City

State

Zip Code

Phone #

Email address

TYPE OF CREDIT: *Please Indicate Your Certification Needs*

<input type="checkbox"/> CEU: General Continuing Education Credit	<input type="checkbox"/> NCC: National Certified Counselors
<input type="checkbox"/> Psychologist	<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, MSW)

PAYMENT ENCLOSED:

\$30

Check # _____ (Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.