

“DIAGNOSIS AND TREATMENT OF COMPLICATED GRIEF” (A127)

Videoconference Webcast

Original Broadcast Date: September 14, 2016

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LSW/LCSW/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this quiz after viewing the videoconference webcast listed above. In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this quiz, the online evaluation, and the Application/Validation for Continuing Education Credit. Please note: A passing score of 80% or above is required to receive continuing education credit.

Please answer the correct Multiple Choice and TRUE/FALSE questions below:

1. The major core symptom of Complicated Grief:
 - a) yearning for the deceased
 - b) anhedonia
 - c) intrusive disturbing memories of the circumstances of the death
 - d) suicidal ideation
 - e) loneliness and social isolation

2. The estimated incidence of Complicated Grief following attachment bereavement:
 - a) 30-35%
 - b) 20-25%
 - c) 7-10%
 - d) 5%
 - e) 2 %

3. The estimated incidence of prolonged grief reactions in children and adolescents who have lost a parent:
 - a) 5%
 - b) 10%
 - c) 20%
 - d) 25%
 - e) 40%

4. The most frequently co-occurring condition with Complicated Grief amongst help-seeking persons:
 - a) Substance use disorders
 - b) Post-traumatic stress disorder
 - c) Major depression
 - d) Panic disorder
 - e) Generalized anxiety disorder

5. On the Inventory of Complicated Grief, the most commonly recommended threshold score for diagnosis is 30 or above.
 - (a) True
 - (b) False

6. In DSM 5 (section III), criteria for Persistent Complex Bereavement Disorder stipulate that time since lost be at least how long before diagnosis:
 - a) 6 months
 - b) 12 months
 - c) 18 months
 - d) 24 months
 - e) 30 months

7. True/false: Antidepressant pharmacotherapy is more effective than pill placebo with supportive care in alleviating symptoms of Complicated Grief.
 - a) True
 - b) False

8. True/false: Antidepressant pharmacotherapy can be effective in alleviating the symptoms of co-occurring depression in Complicated Grief when delivered in combination with Complicated Grief Therapy:
 - a) True
 - b) False

9. True/false: Complicated grief is often more severe following loss to suicide or homicide
 - a) True
 - b) False

10. True/false: Complicated Grief Psychotherapy is effective in approximately 70-80% of persons who complete therapy.
 - a) True
 - b) False

11. Complicated Grief Psychotherapy uses techniques of exposure-based therapy to address avoidant coping.
 - a) True
 - b) False

12. Complicated Grief Psychotherapy is based primarily in which of the following types of psychotherapy?
 - a) Interpersonal psychotherapy
 - b) Behavioral activation
 - c) Problem-solving therapy
 - d) Supportive psychotherapy
 - e) Cognitive behavior therapy

After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/T316a>

“DIAGNOSIS AND TREATMENT OF COMPLICATED GRIEF” (A127)

Videoconference Webcast

Original Broadcast Date: September 14, 2016

**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
General CEUs, CADC, NBCC, Psychologists, and
Social Work/LSW/LCSW/LPC/LMFT (2.0 CREDIT HOURS)**

INSTRUCTIONS: In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

Nancy Mundy
OERP/WPH
3811 O’Hara Street
Champion Commons Building, Third Floor
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

Signature

Date Completed

PLEASE PRINT CLEARLY:

Social Security Number (last five digits only)

Mailing Address

Name

City

State

Zip Code

Phone #

Email address

TYPE OF CREDIT: *Please Indicate Your Certification Needs*

<input type="checkbox"/> CEU: General Continuing Education Credit	<input type="checkbox"/> CADC: Certified Alcohol and Drug Counselor
<input type="checkbox"/> NCC: National Certified Counselors	<input type="checkbox"/> Psychologist
<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, LSW)	

PAYMENT ENCLOSED:

\$30

Check # _____ (Check payable to OERP/WPIC)

Send these forms and check to the above address. If your score is 80% or above, you will receive a certificate via email. You will be contacted if you did not pass to retake the test. If you have any questions, contact Nancy Mundy at mundynl@upmc.edu or 412-204-9090.