

**“EARLY SIGNS OF PSYCHOSIS IN HIGH-RISK YOUTH” (A321)**

Videoconference Webcast

Original Broadcast Date: March 8, 2017

Quiz for General CEUs, CADC, NBCC, Psychologist, and Social Work/LPC/LMFT  
Continuing Education Credit (2.0 credit hours)

**DIRECTIONS: Complete this test after viewing the videoconference webcast listed above.** In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

**Nancy Mundy  
OERP/WPH  
3811 O’Hara Street  
Champion Commons Building, Third Floor  
Pittsburgh, PA 15213**

**TRUE/FALSE – Please indicate whether the statement below is true or false.**

1. Youth can be at-risk for psychosis by being at “familial high-risk” (having a close relative with psychotic disorder) and/or by being at “clinical high-risk” (having some signs and symptoms of psychosis).

TRUE/FALSE

2. Only a small minority of teens at familial risk for psychosis have an Axis I diagnosis by adulthood.

TRUE/FALSE

3. There is preliminary evidence that teens at familial risk for psychosis are better than other teens at correctly identifying emotions on faces.

TRUE/FALSE

4. Heart rate variability is one measure of how sensitive teens are to social threats and stresses

TRUE/FASE

5. Clinical work with teens at risk for psychosis should include assessment and treatment of trauma, stress, and social functioning.

TRUE/FALSE

6. Early Detection and Intervention efforts have no benefit for those who do transition to a psychotic disorder diagnosis.

TRUE/FALSE

7. An approach that is trans-diagnostic and development-focused (among other qualities) is essential for effective early detection and intervention.  
TRUE/FALSE
8. Smoking marijuana is known to trigger psychosis among high-risk youth.  
TRUE/FASE
9. Visuospatial reasoning impairments predict later transition to psychosis among high-risk youth.  
TRUE/FALSE
10. Positive symptoms of psychosis can be rated on continuous dimensions, and are not all-or-nothing.  
TRUE/FALSE
11. Currently, there is evidence that psychosocial treatment may improve clinical outcome among high-risk youth.  
TRUE/FALSE
12. Antipsychotic medication should be considered a first-line treatment option for subthreshold, positive symptoms of psychosis.  
TRUE/FALSE

**After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/T321>**

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR  
General CEUs, CADC, NBCC, Psychologists, and  
Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

**INSTRUCTIONS:** In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

**Nancy Mundy**  
OERP/WPH  
3811 O’Hara Street  
Champion Commons Building, Third Floor  
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference webcast indicated above:

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date Completed**

**PLEASE PRINT CLEARLY:**

\_\_\_\_\_  
**Social Security Number (last five digits only)**

\_\_\_\_\_  
**Mailing Address**

\_\_\_\_\_  
**Name**

\_\_\_\_\_  
**City**

\_\_\_\_\_  
**State**

\_\_\_\_\_  
**Zip Code**

\_\_\_\_\_  
**Phone #**

\_\_\_\_\_  
**Email address**

**TYPE OF CREDIT: *Please Indicate Your Certification Needs***

<input type="checkbox"/> CADC: Certified Alcohol and Drug Counselor
<input type="checkbox"/> CEU: General Continuing Education Credit
<input type="checkbox"/> NCC: National Certified Counselors
<input type="checkbox"/> Psychologist
<input type="checkbox"/> SW/LPC/LMFT: Social Work (LCSW, LSW)

**PAYMENT ENCLOSED:**

\$30

Check # \_\_\_\_\_ (Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at [mundynl@upmc.edu](mailto:mundynl@upmc.edu) or 412-204-9090.