

**“KEY PRINCIPLES IN IDENTIFICATION AND TREATMENT OF PERINATAL MOOD  
AND ANXIETY DISORDERS” (A330)**

Videoconference Webcast

Original Broadcast Date: December 6, 2017

Quiz for General CEUs, CADCE, NBCC, Psychologist, and Social Work/LPC/LMFT  
Continuing Education Credit (2.0 credit hours)

**DIRECTIONS: Complete this test after viewing the videoconference webcast listed above.** In order for UPMC Western Psychiatric Hospital to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit (CEU) on the next page. Please note: A passing score of 80% or above is required to receive CEUs. After finishing, sign as indicated on the second page and return both forms by mail to:

**Nancy Mundy  
OERP/WPH  
3811 O’Hara Street  
Champion Commons Building, Third Floor  
Pittsburgh, PA 15213**

**TRUE/FALSE – Please indicate whether the statement below is true or false.**

1. Fetal Programming occurs when maternal stress is transmitted to the fetus through the placenta to alter fetal vulnerability to disease in later life. TRUE/FALSE
2. Untreated perinatal mental illness is associated with preterm birth and sudden infant death syndrome. TRUE/FALSE
3. FDA categories A through X are the best method to quantify risk of medication use during pregnancy. TRUE/FALSE
4. Sertraline is a first line treatment for depression or anxiety in pregnancy. TRUE/FALSE
5. Antidepressant medication concentrations rise across the course of pregnancy. TRUE/FALSE
6. An odds ratio greater than 1 means that the outcome of interest is less likely to if there is exposure to an antidepressant relative to no exposure to an antidepressant. TRUE/FALSE
7. Examples of confounding include medical illness, poverty, and genetic factors. TRUE/FALSE
8. Antidepressants are not associated with increased risk of spontaneous abortion when depression is controlled for. TRUE/FALSE
9. Cardiac defects are increased in antidepressant-exposed infants in depression restricted samples. TRUE/FALSE
10. Maternal psychiatric disorder is associated with increased risk of autistic spectrum disorder. TRUE/FALSE

11. Ego-dystonic obsessions must be differentiated from ego-syntonic thoughts of infanticide when evaluating mothers with severe postpartum mood disorders. TRUE/FALSE
12. Bipolar disorder is the diagnosis most commonly associated with postpartum psychiatric hospitalization within 30 days of delivery. TRUE/FALSE

**After completing the quiz, PLEASE NOTE THAT IT IS IMPORTANT FOR THE ONGOING ACCREDITATION OF OUR PROGRAMS THAT YOU COMPLETE AN EVALUATION. To obtain APA, NCC and LSW, LCSW, LPC, LMFT credit, it is mandatory for you to complete this evaluation. Please go to the following link and be sure to enter the entire address including the "https://" text. The evaluation should take less than 10 minutes to complete. Please put the entire address into your web browser: <https://www.surveymonkey.com/r/T330a>**

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR  
General CEUs, CADC, NBCC, Psychologists, and  
Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

**INSTRUCTIONS:** In order for UPMC Western Psychiatric Hospital to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to:

**Nancy Mundy**  
**OERP/WPH**  
**3811 O’Hara Street**  
**Champion Commons Building, Third Floor**  
**Pittsburgh, PA 15213**

I hereby affirm that I viewed the videoconference webcast indicated above:

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date Completed**

**PLEASE PRINT CLEARLY:**

\_\_\_\_\_  
**Social Security Number (last five digits only)**

\_\_\_\_\_  
**Mailing Address**

\_\_\_\_\_  
**Name**

\_\_\_\_\_  
**City**

\_\_\_\_\_  
**State**

\_\_\_\_\_  
**Zip Code**

\_\_\_\_\_  
**Phone #**

\_\_\_\_\_  
**Email address**

**TYPE OF CREDIT: *Please Indicate Your Certification Needs***

CADC: Certified Alcohol and Drug Counselor

CEU: General Continuing Education Credit

NCC: National Certified Counselors

Psychologist

SW/LPC/LMFT: Social Work (LCSW, LSW)

**PAYMENT ENCLOSED:**

\$30

Check # \_\_\_\_\_ (Check payable to OERP/WPIC)

Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via email. If you have any questions, contact Nancy Mundy at [mundynl@upmc.edu](mailto:mundynl@upmc.edu) or 412-204-9090.

*UPMC Western Psychiatric Hospital*