CRITICAL INCIDENT STRESS MANAGEMENT: INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT AND GROUP CRISIS INTERVENTION

June 10-12, 2019
8:00 am – 6:00 pm
Champion Commons
5231 Penn Ave. Pittsburgh, Pa 15224

Presenter Bio(s)

Jeffrey D. Magill, MS
ICISF Trainer
Emergency Management Coordinator
Western Psychiatric Institute and Clinic of UPMC

Mr. Magill is Project Coordinator of the Behavioral Health Emergency Management and the manager for the Crisis Training Institute of Western Psychiatric Institute and Clinic of UPMC. For more than 20 years, Mr. Magill responded to crisis situations, providing behavioral health support in times of need to individuals in various settings, including health care facilities, businesses, schools, and in the community.

Mr. Magill manages operations of Western Psychiatric’s Behavioral Health Response Team, which actively responds to adverse events throughout the local area. The response team provides crisis stabilization interventions to individuals who are impacted by a critical event. Mr. Magill has experience developing and teaching training programs in crisis management, suicide prevention and assessment, emergency preparedness, and behavioral health response to crisis situations.

Mr. Magill co-authored the “Comprehensive Crisis Management” (CCM) program, is a master trainer for Livingworks in the Applied Suicide Intervention Skills Training (ASIST). He is an approved instructor for the International Critical Incident Stress Foundation in “Assisting Individuals in Crisis and the Group Crisis Intervention Training” classes.

Daniel Lichok, MA
ICISF Trainer
Senior Crisis Trainer
Western Psychiatric Institute and Clinic of UPMC

Mr. Lichok is a Senior Crisis Trainer for the Crisis Training Institute through Western Psychiatric Institute and Clinic of UPMC. Prior to becoming a crisis trainer, he worked as a phone clinician at resolve Crisis Services near Pittsburgh. During his time as a phone clinician, Mr. Lichok had the opportunity to provide training on many occasions to staff at Western Psychiatric and at other mental health facilities.

Mr. Lichok co-authored the “Comprehensive Crisis Management” (CCM) program for which he is a master trainer, is a master trainer for Livingworks in the Applied Intervention Skills Training (ASIST), and he is an approved instructor for the International Critical Incident Stress Foundation in “Assisting Individuals in Crisis and Group Crisis Intervention Training” classes.

All presenters have submitted a conflict of interest statement to the Office of Educational Resources and Planning (OERP) who maintains these files for five years. Anyone may request to review these statements by contacting OERP at oerpinfo@upmc.edu

Narrative Description of your Presentation:

This program is designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum. The three-day course prepares participants to understand a wide range of crisis intervention services including Group and Individual Crisis Intervention techniques. The course provides all participants in the class the information needed to intervene with anyone affected by a sentinel event in the public, private, or school setting. Also, the need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course.
**Target Audience:**
The audience for this class includes emergency services, military, business/industrial, hospital, and mental health professionals, school teachers or school administrative faculty who desire to increase their abilities to utilize crisis intervention techniques.

**At Least Three (3) learning objectives**
By the end of this session, participants should be able to:
- Define stress, critical incident stress, and post-traumatic stress disorder.
- List at least four fundamental principles of crisis intervention.
- List the 10 basic interventions of CISM.
- Define and describe in detail the CISM group processes of demobilization, crisis management briefing, defusings, and CISD debriefings.
- Define and describe in detail the CISM individual process of SAFER-R.
- List common critical incident stress signs and symptoms related to individuals within their care.
- Demonstrate individual and group crisis intervention techniques.

**Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation**
Publications must be listed in American Psychological Association (APA) Style (see [www.apastyle.org](http://www.apastyle.org) for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal, volume(issue)*) (if issue numbered), pages.


**Cost of training, How to register, and Contact Person**

Tuition: $350
Cost of CEUs: $30
Contact: Daniel Lichok lichokdj@upmc.edu or 412-864-5049
PLEASE DELETE ANY DISCIPLINES YOU ARE NOT APPLYING FOR

COUNSELORS
Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 14.0 continuing education hours.

EDUCATORS: ACT 48
The University of Pittsburgh is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines.

MENTAL HEALTH PROFESSIONALS/PEER SPECIALISTS/NURSES: GENERAL CEU
Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours.

PSYCHOLOGISTS:
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for these programs and their content. Please see each flyer for the number of credit hours being offered.

LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT
The indicated number of clock hours of continuing education is provided through Western Psychiatric Institute and Clinic of UPMC’s Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

CERTIFIED ALCOHOL AND DRUG COUNSELORS/CERTIFIED CO-OCCURRING DISORDERS PROFESSIONALS (CADC/CCDP):
The Office of Educational Resources and Planning, Western Psychiatric Institute and Clinic of UPMC is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-Occurring Disorders Professional (CCDP) continuing education credits.

NASW: LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT
The indicated number of clock hours of continuing education is provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Council on Social Work Education. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For information of social work continuing education, call (412) 624-3711.