37th Annual Pittsburgh Schizophrenia Conference
(MD67)

Friday, November 13, 2020

Live-streaming Program on ZOOM
Zoom links, instructions, and information will be sent out a day prior to the event.

8:30 AM to 4:45 PM

ZOOM with check in from 8:00 to 8:30 PM
Program from 8:30 AM to 4:45 PM

Course Director:
KN Roy Chengappa, MD

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and UPMC
Western Psychiatric Hospital
Introduction
The Pittsburgh Schizophrenia Conference is an annual in person meeting at which the advances in schizophrenia research and treatment are reviewed by experts in the field. In view of COVID-19 restrictions, this year’s meeting will utilize a virtual online format.

Our featured speaker is Sir Robin Murray, FRS who is this year’s Hogarty awardee and lecturer. Sir Robin’s presentation will address cannabis use and its impact on the incidence and presentation of schizophrenia and related disorders. The evidence for Music Therapy and Cognitive Behavior Therapy in the treatment of persons with schizophrenia will be explicated by two well-known scholars in their respective fields, Drs. Silverman and Lecomte. Internal faculty and staff will describe their valiant and successful efforts in keeping two specialty medication clinics (i.e. clozapine and long acting anti-psychotic injections) open in the midst of the COVID-19 pandemic. A quality improvement project to assist long term residential patients overcome severe constipation associated with clozapine use will be described. The use of clozapine over a longer time period in Allegheny County and the clinical outcomes that have emerged will be described by our internal faculty working collaboratively with a team from the University of Pittsburgh’s School of Pharmacy and Allegheny County’s Behavioral Health Data Analytics and Outcomes group.

Attendees will hear from people with serious mental illness who will share their experiences with music to help support their recovery and this will be moderated by a professional music conductor and composer. Breakout rooms during the online conference will feature ongoing research studies, art exhibits by patients, musical performances by patients, and musical performances by physicians.

Educational Objectives
At the completion of this program, participants should be able to:
1. Assess and recognize the efforts of specialty medication clinics in providing clozapine and long acting antipsychotic injection services during the COVID-19 pandemic restrictions
2. Recognize the importance of severe constipation and its complications associated with clozapine use and ways to mitigate this risk while continuing clozapine treatment
3. Discuss the impact of cannabis on the incidence and presentation of psychoses
4. Review and assess the evidence for Music Therapy in the treatment of adults with schizophrenia
5. Review and assess the evidence for Cognitive Behavior Therapy for the treatment of persons with schizophrenia
6. Review clinical outcomes associated with the use of clozapine in Allegheny County over a several year period

Who Should Attend:
The conference is designed to disseminate the latest clinical and research findings to a wide audience: psychiatrists and other mental health clinicians, including nurses, social workers, psychologists, service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding treatment and research in schizophrenia.
Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award

Professor Gerard Hogarty was a faculty member of the Department of Psychiatry and a member of the UPMC Western Psychiatric Hospital for more than 30 years. Until his passing in 2006, Professor Hogarty pursued important questions related to the nature and treatment of schizophrenia – namely relapse prevention and inter-episodic social function. His career in clinical research led to major advancements in the treatment of individuals with schizophrenia and his work continues to be recognized both nationally and internationally. In addition to his research endeavors, Professor Hogarty was a very talented teacher and mentor who played a significant role in the career development of many respected researchers and clinicians in the field.

2020 Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award Winner

Sir Robin MacGregor Murray, FRS
Professor of Psychiatric Research at the Institute of Psychiatry
King’s College London
Fellow of Royal Society
London, UK

Sir Robin Murray is a Professor of Psychiatric Research at the Institute of Psychiatry, King’s College London, and a Fellow of the Royal Society. He is a highly accomplished schizophrenia researcher who has pioneered the study of developmental vulnerabilities and in the conceptualization of schizophrenia as a neurodevelopmental disorder. Sir Robin’s work has been distinctly biopsychosocial, evidencing a unique integration of environmental, developmental, and biological contributors to schizophrenia that is reflective of Prof. Hogarty’s approach to psychosocial treatment development. He is internationally recognized for his work on developmental risk factors in schizophrenia, and he has published many hundreds of papers in the leading medical and science journals, e.g., Nature, PNAS, The Lancet. His research has been cited over 136,000 times and his current h-index is 187, indicating unparalleled contributions to the field. Sir Robin is currently Co-Editor of Psychological Medicine and was recently awarded the Lifetime Achievement award for his contributions to schizophrenia research by the Schizophrenia International Research Society. He was knighted by Queen Elizabeth II in 2011 for his service to medicine. Sir Robin is uniquely deserving of the Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award because of his significant contributions to understanding of the interaction between developmental and biological risk factors in schizophrenia and their implications for treatment.
Course Director

K.N. Roy Chengappa, MD  
Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Chief, Comprehensive Recovery Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Faculty

Michael J. Silverman, PhD, MT-BC  
Professor of Music Therapy  
Director of the Music Therapy Program  
University of Minnesota  
Minneapolis, MN

Tania Lecomte, PhD  
Professor, Department of Psychology  
Montreal University  
Senior Researcher, FQR-S, CRIUSMM, CRIPCAS  
Senior Editor RCSMC  
Coordinator of the Canadian Network for Research in Schizophrenia and Psychoses  
Montreal, Quebec

Shaun M. Eack, PhD  
James and Noel Browne Endowed Chair  
Associate Dean for Research  
Professor, School of Social Work  
Professor, Department of Psychiatry  
University of Pittsburgh  
Pittsburgh, PA

Jessica M. Gannon, MD  
Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Outpatient Medical Director  
Comprehensive Recovery Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Deepak Sarpal, MD  
Assistant Professor, Department of Psychiatry  
University of Pittsburgh  
Medical Director, STEP Clinic  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA
Ana M. Lupu, Pharm D  
Adjunct Instructor of Pharmacy and Therapeutics  
University of Pittsburgh School of Pharmacy  
Clinical Pharmacist, Forbes Pharmacy  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Susan Hogarty, RN, MSN  
Psychiatric Clinical Nurse Specialist  
Research Program Administrator  
ASCEND Program  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Lori Arbutiski, RN, MSN  
Nurse Manager, Outpatient  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Jessica Nichols, PharmD  
Lead Pharmacist, Forbes Pharmacy  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

Flavio Chamis  
Composer, Conductor, Educator, Music Consultant and Producer  
Pittsburgh, PA

Judith Conlogue, RN  
Professional Staff Nurse  
CRS Outpatient Medication Clinic  
Comprehensive Recovery Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA
Schedule

8:00 to 8:30 am ZOOM Sign-In

8:30 to 8:45 am Introduction and Background
   K.N. Roy Chengappa, MD

8:45 to 9:45 am Continuity of Care in the Time of COVID: Specialty Medications for the Treatment of Schizophrenia
   Jessica Gannon, MD; Jessica Nichols, PharmD; Judith Conlogue, RN

9:45 to 10:15 am Managing Clozapine-Induced Constipation in a Long-Term Structured Residence
   Ana Lupu, PharmD; Lori Arbutiski, RN, MSN

10:15 to 10:30 am Break (Visit our breakout rooms)

10:30 am-12:00 pm Presentation of Hogarty Award to Sir Robin Murray, FRS
   Review of Work – Shaun M. Eack, PhD
   Presentation of Plaque— Susan Hogarty, RN, MSN

Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture:
   The Impact of Cannabis Use on the Incidence and Characteristics of Psychosis
   Sir Robin Murray, FRS

12:00 to 1:00 pm Announcements and Lunch (Visit our breakout rooms)
   Lorraine Williams Scholarship Fund - K.N. Roy Chengappa, MD; Jessica Gannon, MD

1:00 to 2:00 pm Cognitive Behavior Therapy for Psychosis
   Tania Lecomte, PhD

2:00 to 2:15 Break (Visit our breakout rooms)

2:15 to 3:15 pm An Introduction to Music Therapy for Adults with Schizophrenia
   Michael Silverman, PhD

3:15 to 3:30 pm Break (Visit our breakout rooms)

3:30 to 4:00 pm Long Term Clinical Outcomes of Clozapine Use in Allegheny County
   Deepak Sarpal, MD

4:00 to 4:30 pm Peer Musicians
   Flavio Chamis, Music Director and Composer

4:30 to 4:45 pm Closing Remarks and Adjournment
   K.N. Roy Chengappa, MD

All presentations are introductory to intermediate instructional levels.

For additional information regarding the speakers and/or presentations, contact Doreen Barkowitz at barkowitzdh@upmc.edu.
Continuing Education Credit Information

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)
The University of Pittsburgh designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals
Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists
Education and Consultative Services of UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Education and Consultative Services of UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for a maximum of 4.5 continuing education credits.

Counselors
UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for a maximum of 4.5 continuing education hours.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for a maximum of 4.5 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for a maximum of 4.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals
Nurses and other health care professionals are awarded a maximum of 0.45 Continuing Education Units (CEU’s). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming a maximum of 4.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

- Please retain your certificates in a safe place. Replacements cost $30.
- Continuing education credits will be reduced if the participant chooses to leave before the end of the event.
- The participant will be awarded a continuing education contact hour(s) certificate four to six weeks post-conference via e-mail upon completion and submission of the online evaluation form, and continuing education application.
**Registration Information (please register by November 9, 2020)**

**Fee Schedule**

**Physicians and Professionals (not included below)**

$40

**UPMC, Pitt, WPH, WBH Network, VA, State (PA), Community Mental Health Professionals**

$30

Online Registration-Use Promo Code: schizo2020.upmc

**Students/Interns/Family Members/Others**

$20

*(No continuing education/no continuing medical education credits)*

Online Registration-Use Promo Code: schizo2020.community

**Patients**

*(No continuing education/no continuing medical education credits)*

no charge

Online Registration-Use Promo Code: schizo2019.patient

**Tuition includes:**

* All registration, online conference materials, and visits to the breakout room sessions.
* Continuing education credits at the professional fee schedule


1. Click on ‘Register Now’ (small box at bottom of page)
2. If “37th Annual Pittsburgh Schizophrenia...” appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).
3. Register as a new registrant or sign in if you already have an account (username is your e-mail). You do not have to answer questions about your health insurance!
4. When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’)
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable *(you must complete this or click on N/A)*. Click on ‘continue’.
6. Enter your promotional code if applicable *(please see above in fee schedule)*. Click on ‘Apply to Total’!
7. Add credit card information if applicable and click on ‘Process Payment’.
8. Complete Transaction and print your receipt.

**Please direct general questions and requests to pay via a Journal Transfer to Nancy Mundy at mundnl@upmc.edu. Full tuition must accompany registration.** A $15 administrative fee will be deducted from all refunds for cancellations at the professional rate. No refunds can be issued once the program has begun. Please register by November 9, 2020.

*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by contacting Nancy Mundy at mundnl@upmc.edu.*
Registration Form (This form is to be used for UPMC departmental transfers only.)

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November 13, 2020 - Pittsburgh, PA - Registration Deadline: November 9, 2020
Please print or type legibly. If we cannot read your form, you may not receive your confirmation.

Birthdate (MM/DD/YYYY)

Name:

Institutional Affiliation:

Address1:

Address2:

City:                      State:              Zip Code:

County:

Day Telephone: (______)

Degree(s) for name badge (i.e. MSW, PhD):

E-mail Address:

For Continuing Education, please check if you require a certificate for:
[ ] CME  [ ] NCC Counselor  [ ] Nurse  [ ] Psychologist  [ ] (LSW/LCSW/LPC/LMFT)  [ ] CADC/CCDP
[ ] General CEU (nurses/peers/other professionals)

Tuition amount  $30.00

☐ UPMC Account Transfer Business Unit ______________________ Dept. ID ______________________

Administrator Name ________________________________________________________________

Administrator Signature __________________________________________________________

Credit card payments are only accepted when registering online
at: https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=233516.

• One name per registration, please.

One registration form per person, please. Telephone registrations CANNOT be accepted. Please contact Nancy Mundy with any questions about registration and return this completed form to her.