Transference and Countertransference In Dynamic Psychotherapy with Patients with Pathological Narcissism

Objective: The objective is to illustrate common transferences and countertransferences in the treatment of patients with pathological narcissism.

Methods: This presentation will provide clinical examples illustrating common transference/countertransference patterns in the psychodynamic psychotherapy of patients with narcissistic personality disorders. Treatment can be hindered by challenging countertransferences and transferences that arise in the therapeutic dyad. This presentation will identify and address these dynamics as they influence the treatment.

Results: Strategies for managing treatment of patients with narcissistic personality disorders in light of the transference/countertransference dynamics will be discussed.

Conclusion: Participants will gain knowledge about the effective management of transference and countertransference as they commonly emerge in the psychodynamic therapy of patients with narcissistic personality disorders.

At the completion of this presentation, participants should be able to:
1. Illustrate common transferences in the treatment of patients with pathological narcissism.
2. Describe common countertransferences that arise in response to the transferences of patients with pathological narcissism.

References: