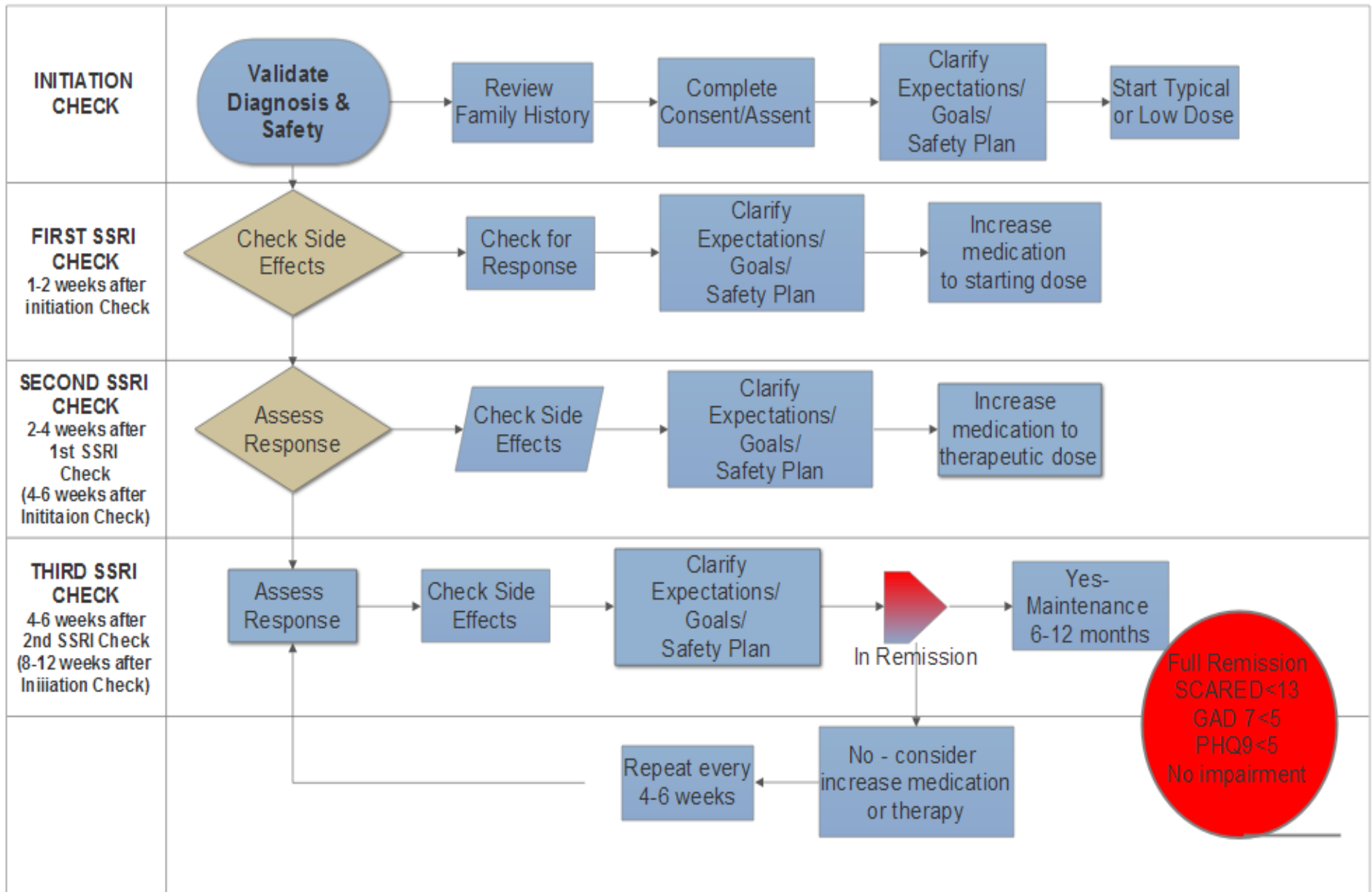


Selective Serotonin Reuptake Inhibitor(SSRI) Protocol



Selective Serotonin Reuptake Inhibitor(SSRI) Protocol

Medication	Low Starting Dose	Typical Starting Dose	Typical Effective Dose	Typical Dose Range	Typical Escalation amount		
						Half-life	Half-life of Active Metabolites
Fluoxetine	5mg	10mg	20mg	60mg	10mg	2-3 days	2 weeks
Sertraline	25mg	50mg	100-150mg	200mg	25mg	Males - 22.4 hrs females 32-36 hrs	NA
Citalopram	5mg	10mg	20mg	40mg	10mg	20-35 hours	NA
Escitalopram	2.5mg	5mg	10mg	20mg	5mg	20-35 hours	NA

1st SSRI CHECK SCRIPT
<ul style="list-style-type: none"> ▶Check side effects <ul style="list-style-type: none"> ▶“Are you concerned about side effects? Has anything changed that you are worried might be related to medication” ▶“Have you had any thoughts about hurting yourself or anyone else?” ▶Check for response <ul style="list-style-type: none"> ▶“How are you doing?” ▶“On a scale of 1-10, 10 being as good as you could feel, how are you doing?” ▶Review goals <ul style="list-style-type: none"> ▶“Are you still hoping to work on ____” ▶Review safety plan <ul style="list-style-type: none"> ▶“Have you had to use your safety plan? Or How close have you come to using your safety plan. Do you still feel like you could use your safety plan” ▶“Could you repeat your safety plan?” ▶Review expectations <ul style="list-style-type: none"> ▶“It’s early to see an impact of medication but you should see some positive response in 2-4 weeks.” ▶“We look forward to your next check-in in 1-2 weeks” ▶Increase medication (if you started low)
MANIA SCREEN
<ul style="list-style-type: none"> ▶“Was there ever a period of time, for more than a few days, that you(or your child) didn’t need sleep, was on top of the world, and significantly different than usual”