

Behavioral Health and Pediatric Primary Care (TiPS) Conference
April 9, 2021 – 8:00 AM to 4:30 PM
Internalizing Disorders

Presenter Bio

Abigail Boden Schlesinger, MD

Medical Director, Children's TiPS
Chief, Child & Adolescent Psychiatry and Integrated Care
UPMC Western Psychiatric Hospital and Children's Hospital of Pittsburgh
Associate Professor, Psychiatry & Pediatrics University of Pittsburgh School of Medicine
Pittsburgh, PA

Dr. Abigail Schlesinger is a child and adolescent psychiatrist with an interest in increasing access to quality behavioral health and developmental services for children and families. She was instrumental in the development of the Children's Community Pediatrics Behavioral Health (CCPBH), a service that embeds therapist and psychiatrist in pediatric primary care. CCCBH has won local, state, and national awards for efficiently improving access to care.

Dr. Schlesinger has also been recognized for her own clinical and academic expertise as Physician of the Year at Western Psychiatric Hospital (WPH) in 2013. She also formerly served as the training director of the Child and Adolescent Psychiatry and Triple Board Programs at the University of Pittsburgh Medical Center (Children's Hospital of Pittsburgh and Western Psychiatric Hospital). She is currently leading the integration of developmental, behavioral, and community resources for Children's Hospital of Pittsburgh, and has been appointed as the Medical Director for TiPS (Children's Telephonic Psychiatric Consultation Service), and Medical Director of Ambulatory Integrated Behavioral Health for Western Psychiatric Hospital.

Kelley Victor, MD

Clinical Assistant Professor of Psychiatry
UPMC Children's Hospital of Pittsburgh
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Kelley J. Victor, MD received her bachelor's degree in biology from the University of Iowa and went on to receive her doctorate in medicine from the University of Iowa, Carver College of Medicine. She completed her residency training in adult psychiatry and fellowship in child psychiatry at UPMC Western Psychiatric Hospital (WPSY). She was the chief resident of the child and adolescent fellowship program.

Currently, Dr. Victor works for Children's Community Pediatrics where behavioral health is integrated into primary care clinics. She is also working with the TiPS program and providing telepsychiatry services. She is a Clinical Assistant of Psychiatry at WPSY. Her interests include trauma and grief, palliative care and integration of care in the medical home.

Name and Narrative Description of your Presentation.

This is a three-part presentation that will include case discussions around considering an SSRI treatment for depression and/or anxiety in a pediatric primary care setting; starting a SSRI in primary care; and picking up SSRI treatment after it's been started by another medical provider.

Three (3) learning objectives

By the completion of this session, participants should be able to

1. Recognize the importance of the behavioral health differential diagnosis when prescribing medication for depression/anxiety
2. Describe a method to deploy components of their behavioral health toolbox (therapy strategy, safety, and medication)
3. Recognize the importance of appropriate follow-up for behavioral health interventions provided in pediatric primary care

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation

1. Walter HJ, Bukstein OG, Abright AR, Keable H, Ramtekkar U, Ripperger-Suhler J, Rockhill C. Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders. *J Am Acad Child Adolesc Psychiatry*. 2020 Oct;59(10):1107-1124. doi: 10.1016/j.jaac.2020.05.005. Epub 2020 May 18. PMID: 32439401.
2. Tyler et al. Behavioral health integration in pediatric primary care: considerations and opportunities for policymakers, planners, and providers. *Millbank Quarterly* March 2017
3. Sarvet B, Brewer S. Anxiety disorders in pediatric primary care. *Pediatr Ann*. 2011 Oct;40(10):499-505. doi: 10.3928/00904481-20110914-07. PMID: 21973042.
4. Cheung AH, Kozloff N, Sacks D. Pediatric depression: an evidence-based update on treatment interventions. *Curr Psychiatry Rep*. 2013 Aug;15(8):381. doi: 10.1007/s11920-013-0381-4. PMID: 23881712; PMCID: PMC3744276.