

**Behavioral Health and Pediatric Primary Care (TiPS) Conference
April 9, 2021 – 8:00 AM to 4:30 PM**

Presenter Bio

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Justin Schreiber, DO, MPH, FAAP, is triple boarded in Pediatrics, General, and Child and Adolescent Psychiatry. He earned his DO at Touro University Nevada Henderson and completed his residency at the University of Pittsburgh School of Medicine in Pittsburgh. He completed his master's degree in public health at Boston University. Dr. Schreiber is currently an Assistant Professor of Psychiatry and Pediatrics at UPMC Children's Hospital of Pittsburgh.

Name and Narrative Description of your Presentation.

COVID and Behavioral Health

This presentation will review the impact COVID has had on the mental health of children and review how to help families have developmentally appropriate conversations regarding COVID with their children. We will also discuss how to identify increasing signs of depression or anxiety that might occur in association with dealing with the pandemic and resources that are available.

Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Review the impact of the worldwide pandemic on behavioral health of youth and families
2. Review strategies that pediatricians and families can take to support their family
3. Identify behavioral health resources available for referral for families

Three (3) current (within the past 10 years) *peer-reviewed* publications that support the evidence base for the content of your presentation

1. [Interim Guidance on Supporting the Emotional and Behavioral Health Needs of Children, Adolescents, and Families During the COVID-19 Pandemic \(aap.org\)](#) [Interim Guidance on Supporting the Emotional and Behavioral Health Needs of Children, Adolescents, and Families During the COVID-19 Pandemic \(aap.org\)](#)
2. Mental health during COVID-19: Signs your child may need more support. [//www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Signs-your-Teen-May-Need-More-Support.aspx](http://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Signs-your-Teen-May-Need-More-Support.aspx). accessed 1/19/2019