

Microsoft Teams Live Event
Suicidality and Adversity Among Transgender Adolescents
June 30, 2020

Presenter Bio
Brian Thoma, PhD Assistant Professor of Psychiatry University of Pittsburgh School of Medicine Department of Psychiatry UPMC Western Psychiatric Hospital Pittsburgh, PA
Dr. Thoma's program of research examines the mental and behavioral health of lesbian, gay, bisexual, and transgender (LGBT) adolescents. He is currently the Principal Investigator of a National Institute of Mental Health grant to study biological mechanisms of suicidal behavior among LGBT adolescents.
Name and Narrative Description of your Presentation
Suicidality and Adversity Among Transgender Adolescents This workshop will provide clinicians with: (1) an introduction to transgender identities among teenagers, (2) a description of recent research describing suicidality among transgender adolescents, and (3) a discussion of psychosocial stressors which could underlie mental health disparities among transgender youth.
Three (3) learning objectives
By the completion of this session, participants should be able to: <ol style="list-style-type: none">1. Define what it means to have a gender minority, or transgender, identity2. Describe current research evidence documenting elevated rates of suicidality among transgender youth, including which subgroups could have the highest risk for engaging in suicidal behavior3. Describe psychosocial stressors which could underlie mental health disparities among transgender youth.
Three (3) current (within the past 10 years) <u>peer-reviewed</u> publications that support the evidence base for the content of your presentation
<ol style="list-style-type: none">1. Thoma, B. C., Salk, R. H., Choukas-Bradley, S., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. <i>Pediatrics</i>, <i>144</i>(5).2. Toomey, R. B., Syvertsen, A. K., & Shramko, M. (2018). Transgender adolescent suicide behavior. <i>Pediatrics</i>, <i>142</i>(4), e20174218.3. Hendricks, M. L., & Testa, R. J. (2012). A conceptual framework for clinical work with transgender and gender nonconforming clients: An adaptation of the Minority Stress Model. <i>Professional Psychology: Research and Practice</i>, <i>43</i>(5), 460.