

2020 STAR-Center Conference

May 15, 2020

William Pitt Union – University of Pittsburgh

Name, Credentials, Position Title	Candice Biernesser, PhD, LCSW, Postdoctoral Scholar and Karla Joyce-Good, LSW, MSW
Affiliation:	University of Pittsburgh
<p>Candice Biernesser is a behavioral and community health scientist and a licensed clinical social worker. Her practice experience has focused on the mental health and wellbeing of vulnerable adolescents, particularly youth facing suicidal behavior, homelessness, disaster, and trauma. Over the last decade, she has brought her practice experience to a career in academic research, where she has studied risk factors for adolescent suicidality and suicide prevention under her mentors, David Brent, Tina Goldstein, and Shaun Eack. She completed her doctoral training at the University of Pittsburgh, Graduate School of Public Health, in 2019. Her dissertation focused on the impact of social media use and experiences on adolescent suicidal risk and explored opportunities for prevention. She is particularly interested in digital suicide prevention interventions for youth who have experienced cyberbullying.</p>	
<p>Karla Joyce-Good is a licensed social worker who currently serves as the Research Principal/Study Coordinator, for the Mobile Assessment for the Prediction of Suicide (MAPS) Research Study, under the direction of Dr. David Brent. The MAPS study harnesses data gathered from the smartphone use of teens, e.g. text message and social media data and information about physical activity and sleep, to explore fluctuations in mood and suicidal thoughts and behaviors detectable solely from the digital lives of teens. Prior to joining the MAPS team, she worked in the field of bullying prevention, for more than a decade. It was during this time she developed a passion for working with at risk adolescents. Karla feels fortunate to continue her work, with this population, in her current role.</p>	
<p>Title of Presentation Identifying Cyberbullying and Responding to Mental Health Consequences among Adolescents</p>	
<p>Description Cyberbullying is a growing concern among young people with reports of cyberbullying doubling over the past decade. Youth who are cyberbullied are approximately twice as likely to exhibit suicidal thoughts and behaviors. This presentation will offer practical guidance for understanding and responding to cyberbullying among adolescents.</p>	
<p>Level of Presentation (Select one) (This applies to workshops only) Introductory <u> X </u> Intermediate <u> </u> Advanced <u> </u></p>	
<p>Learning Objectives: At the conclusion of this session, participants should be able to:</p> <ol style="list-style-type: none"> 1. Discuss current research focused on youth cyberbullying and its association with suicidal risk 2. Discuss how to respond to reports of cyberbullying among youth 3. Identify practical resources relating to youth cyberbullying for mental health clinicians and school-based personnel 	
<p>Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation.</p> <ol style="list-style-type: none"> 1. Kowalski, RM, Guimett, GW, Scroeder, AN, Lattanner, MR. (2014). Bullying in the digital age: a critical review and meta-analysis of cyberbullying research among youth. <i>Psychological Bulletin</i>. 140(4), 1073-137. 2. Gaffney, H, Farrington, DP, Esplage, D, Ttofi, MM. (2019). Are cyberbullying intervention and prevention programs effective? a systematic and meta-analytic review. 45, 134-153. 3. Kowalski, RM, Limber, S, & Agatston, PW. (2012). Cyberbullying: bullying in the digital age (2nd ed.). Malden, MA: Wiley. 	