

**2021 Virtual STAR-Center Conference**

**May 14, 2021**

<b>Name, Credentials, Position Title</b>	<b>Judith A. Cohen, M.D. Professor of Psychiatry</b>
<b>Affiliation:</b>	<b>Drexel University College of Medicine Allegheny Health Network</b>
<p><b>Judith A. Cohen</b> is a Board-Certified Child &amp; Adolescent Psychiatrist, Medical Director of the Center for Traumatic Stress in Children &amp; Adolescents at Allegheny General Hospital (AGH) in Pittsburgh, PA, and Professor of Psychiatry at Drexel University College of Medicine. With Anthony Mannarino, PhD and Esther Deblinger, PhD, she has received many federally funded grants to develop, test and disseminate Trauma-Focused Cognitive Behavioral Therapy (TF-CBT, <a href="http://www.tfcbt.org">www.tfcbt.org</a>; <a href="https://tfcbt2.musc.edu">https://tfcbt2.musc.edu</a>), an evidence-based treatment for traumatized children and their caregivers. Dr. Cohen is Co-Chair of the American Academy of Child &amp; Adolescent Psychiatry Child Maltreatment and Violence Committee, first author of its PTSD practice parameters, a past member of its Journal’s Editorial Board, and recipient of its Rieger Award for Scientific Achievement. Dr. Cohen is on the Advisory Boards to Sesame Street and the Tragedy Assistance Program for Survivors (<a href="http://www.taps.org">www.taps.org</a>) to support military children who have experienced traumatic grief, and has served as Co-Chair of the Sexual Abuse and Childhood Traumatic Grief Committees of the National Child Traumatic Stress Network (<a href="http://www.nctsn.org">www.nctsn.org</a>). She has published and presented extensively on the assessment and evidence-based treatment of traumatized children.</p>	
<p><b>Title of Presentation</b> (As you would like it to appear in conference program) Treating Childhood Traumatic Grief with a COVID-19 Focus</p>	
<p><b>Description</b> More than 300,000 Americans have died from COVID-19, with many additional “excess deaths” also associated with the pandemic. Youth may develop childhood traumatic grief (CTG) due to pandemic-specific traumatic aspects of these deaths. This presentation will describe the application of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for COVID-19-related CTG for youth and their surviving caregivers.</p>	
<p><b>Level of Presentation</b> (Select one) (This applies to workshops only) Introductory ___ Intermediate <u>X</u> Advanced ___</p>	
<p><b>Learning Objectives:</b> At the conclusion of this session, participants should be able to:</p> <ol style="list-style-type: none"> <li>1. Describe 3 circumstances of a loved one’s death specific to the COVID-19 pandemic that may increase youth risk of developing Childhood Traumatic Grief (CTG)</li> <li>2. Describe the TF-CBT PRACTICE components and grief-focused components</li> <li>3. Identify where to access material about CTG related to COVID-19</li> </ol>	
<p><b>References</b></p> <ol style="list-style-type: none"> <li>1. Dorsey, S, Lucid, L, .Martin, P, King, KM, O’Donnell, K, Murray, LK, Wasonga, AI, Itemba, DK, Cohen, JA, Monongi, R &amp; Whetten, K (2020). Task-shifted Trauma-focused Cognitive Behavioral Therapy for children who experienced parental death in Kenya and Tanzania: A randomized clinical trial. JAMA Psychiatry, 77, 464-473 <a href="https://doi.org/10.1001/jamapsychiatry.2019.4475">https://doi.org/10.1001/jamapsychiatry.2019.4475</a></li> <li>2. Skokauskas, N, Leventhal, B, Cardeli, EL, Belfer, M, Kaasbøll, J &amp; Cohen J (2020). Supporting children of healthcare workers during the COVID-19 pandemic. European Journal of Child &amp; Adolescent Psychiatry, <a href="https://doi.org/10.1007/s00787-020-01604-6">https://doi.org/10.1007/s00787-020-01604-6</a></li> <li>3. Brown, EJ, Goodman, RF, Cohen, JA, Mannarino, AP, &amp; Chaplin, MF (2020). An exploratory trial of cognitive-behavioral vs client-centered therapies for child-mother dyads bereaved from terrorism. Journal of Child &amp; Adolescent Trauma, 13, 113-125, <a href="https://doi.org/10.1007/s40653-019-00264-2">https://doi.org/10.1007/s40653-019-00264-2</a></li> </ol>	