

**2021 Virtual STAR-Center Conference
May 14, 2021**

Name, Credentials, Position Title	Paula Marie Powe, MD	
Affiliation:	UPMC, University of Pittsburgh School of Medicine	
<p>Paula Marie Powe, MD is a Board-Certified Child and Adolescent Psychiatrist and the Medical Director of the Matilda Theiss Early Childhood and School-Based Behavioral Health Center of the UPMC Western Psychiatric Hospital in Pittsburgh, PA. Dr. Powe has a passion for infant mental health, optimizing the social and emotional development of children from the ages of zero to three, and the prevention of childhood maltreatment and toxic stress. She works to educate others about the effects that early traumatic experiences have on a child’s developing brain and the resilience and protective factors that buffer and attenuate them.</p>		
Title of Presentation		
Social Determinants and their Impact on Childhood Mental Health		
Description		
This presentation will discuss social determinants of mental health and ways that they contribute to early childhood adversity, toxic stress, and clinical outcomes. Resilience, protective factors, and considerations for policy change will also be reviewed.		
Level of Presentation Introductory <u> X </u> Intermediate <u> </u> Advanced <u> </u>		
Learning Objectives:		
At the conclusion of this session, participants should be able to:		
<ol style="list-style-type: none"> 1. Define Social Determinants of Mental Health 2. Recognize how toxic stress and early childhood adversity can affect people throughout their lifetimes 3. Recognize how a range of social risk and protective factors contribute to mental health outcomes 		
Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation.		
<ol style="list-style-type: none"> 1. Shonkoff, Jack. “Capitalizing on Advances in Science to Reduce the Health Consequences of Early Childhood Adversity.” <i>JAMA pediatrics</i> 170.10 (2016): 1003–. Web. 2. Knowles, Knowles. ““Do You Wanna Breathe or Eat?”: Parent Perspectives on Child Health Consequences of Food Insecurity, Trade-Offs, and Toxic Stress.” <i>Maternal and child health journal</i> 20.1 (2016): 25–32. Web. 3. Chung, Siegel. “Screening for Social Determinants of Health Among Children and Families Living in Poverty: A Guide for Clinicians.” <i>Current problems in pediatric and adolescent health care</i> 46.5 (2016): 135–153. Web. 		