

2020 STAR-Center Conference

May 14, 2021

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| Name, Credentials, Position Title | Brian Thoma, Ph.D. Assistant Professor of Psychiatry |
| Affiliation: | University of Pittsburgh School of Medicine |
| <p>Brian Thoma, Ph.D. is Assistant Professor of Psychiatry at the University of Pittsburgh School of Medicine. Dr. Thoma's program of research examines the mental and behavioral health of lesbian, gay, bisexual, and transgender (LGBT) adolescents. He is currently the Principal Investigator of a National Institute of Mental Health grant to study biological mechanisms of suicidal behavior among LGBT adolescents.</p> | |
| Title of Presentation | |
| <p>Suicidality among Transgender Youth: An Introduction to the Health Sciences Literature and Recommendations for Validating Care</p> | |
| <p>Description This workshop will provide clinicians with: (1) an introduction to transgender identities among teenagers, (2) an overview of the research literature describing suicidality among transgender adolescents, and (3) an in-depth discussion of how treatment providers can interact with transgender clients to foster a validating and accepting environment.</p> | |
| <p>Level of Presentation Introductory <u> X </u> Intermediate <u> </u> Advanced <u> </u></p> | |
| <p>Learning Objectives:</p> <p>At the conclusion of this session, participants should be able to:</p> <ol style="list-style-type: none"> 1. Define what it means to have a gender minority, or transgender, identity 2. Describe current research evidence documenting elevated rates of suicidality among transgender youth, including which subgroups could have the highest risk for engaging in suicidal behavior 3. Enact foundational knowledge of gender minority identities to provide validating care to transgender clients | |
| <p>Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation. (See next page).</p> <ol style="list-style-type: none"> 1. Thoma, B. C., Salk, R. H., Choukas-Bradley, S., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. <i>Pediatrics</i>, 144(5). 2. Toomey, R. B., Syvertsen, A. K., & Shramko, M. (2018). Transgender adolescent suicide behavior. <i>Pediatrics</i>, 142(4), e20174218. 3. Hendricks, M. L., & Testa, R. J. (2012). A conceptual framework for clinical work with transgender and gender nonconforming clients: An adaptation of the Minority Stress Model. <i>Professional Psychology: Research and Practice</i>, 43(5), 460. | |